

Questions for Reflection

E53: How "Money" Scars Do You Have?

1. What are your money scars?
2. How is your relationship with money today influenced by your upbringing?
3. Do you have a healthy relationship with money? Are you willing to take steps to get (or maintain) a healthy relationship with money?
4. When is the last time you splurged on a treat for yourself? What was it and why did you buy it? If you never have, why not?

