

Questions for Reflection

E45: Me F*ing Too



1. Remember back to 2017. What were your feelings about the #metoo movement?

2. Have you ever had, or witnessed, a #metoo moment? As you reflect on that, what emotions come to the surface?

3. Have you ever had the feeling that someone was not a safe person? What did you do and how did you feel?

4. Do you think there's power in having women share their #metoo stories? Do you have a story you could share with a trusted person this week?