

Questions for Reflection

E3B: Period. (With Beth's Daughter)



1. Did today's conversation feel uncomfortable to you? Why?
2. Have you ever asked a woman about her cycle or being curious about it but chosen not to ask because it didn't feel appropriate?
3. Have you ever been around a woman who got her period unexpectedly? How did she handle the situation? How did you?
4. How is the lack of conversation amongst women about our reproductive system affecting men? What can we do to make sure women's voices are heard in our community?