Questions for Reflection

E33: Are You The Authority On You?

1. What does it mean to be the authority on you?

2. How can you personally move past the surface level hurts to do the deeper work?

3. Who in your life is not self-aware? How does that affect your relationship with them?

4. Do you think you can truly love someone else without truly loving yourself first? Do you think this might lead to breakups?

© 2020 www.dospod.us/