

# Questions for Reflection

E30: Six Weeks In: From Here to There (with Charlene).

1. Reflect on what Charlene said. Did something especially stand out to you?
2. It's natural to become more inward focused during uncertain times. Have you taken time to think about how the pandemic affects our country and the world as a whole? If not, are you willing to?
3. Do you think there's something you can do to help your fellow humans or does it seem overwhelming or impossible?
4. When you hear about people in other countries dealing with the same situation as you, how does it make you feel?

