

# Questions for Reflection

## E28: Four Weeks In: What Day Is It?

1. I think back to March 1st. Did your life feel hectic? How does that compare with how you feel now?

2. These days how is your weekend different from your workweek?

3. Have you ever experienced a time when your calendar didn't matter, a death in the family or an illness or something like that? How does this experience compare to that time?

4. Will this experience change how you manage your calendar in the future?

Discovering  
OUR SCARS



With Steph & Beth